

Terisha,

You saw me yesterday and worked on my psoas muscle and everything else. I thought I was going to die, but today I have to say I believe I have met Helen Keller, but a more beautiful Helen Keller. You are the Miracle worker. I am walking almost normally and I can't believe it. The relief you have given me, and Haley too, I could tell such a huge difference from the work that you did with me yesterday. I am walking upright, I'm not limping, and I'm not a Neanderthal any more. The majority of the pain, I still have some pain, but the majority of the pain is just from being super sore. I did what you said, I went home and took a bath with some Epsom salts and sat with some ice, and I can't believe it! It's like night and day! I just wanted to thank you so much from the bottom of my heart. I can't believe how much better I feel and I am so glad that you have been brought into my life I feel like a different person and I can't wait to see you next week!

Thank you so much,

Rebecca Fouse